



# How to SuperCharge Your Health with Abundant Energy

BY HARRY MASSEY

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**Imagine if you could wake up every day feeling supercharged - you just can't wait to take on your day!**

## INTRODUCTION

What would that mean to you to sleep deeply every night and wake up refreshed, have boundless energy to get through your day, recover quickly from occasional ailments, and heal any chronic illnesses?

If you already feel healthy and want to optimize your life, this book is for you.

And if you're struggling with any kind of health issue, this book is even more important, especially if you are frustrated by your attempts to get better.

You see, conventional medicine and even many forms of alternative medicine, have limits. They often address symptoms instead of getting to the root of the problem and promoting real healing.

For anyone who wants to get well and stay well, this E-book could be the most important information you ever read.

It's about a system that harnesses the body's innate healing power. No, it's not crystals, voodoo or pixie dust.

It's called "energy medicine" or bio-energetics. Essentially, it's activating the body's own information and energy to heal itself.

If you're not familiar with the term, here is a simple definition:

Bio-energetics is the study of information and energy in living organisms.

An evolution is taking place right now, and you're on the cutting edge. It's literally changing the landscape of what we know about healing, rapidly speeding recovery time, and making old methods obsolete.

Many scientists are calling this revolution "The Most Important Discovery Since DNA", yet it's been under the radar until very recently.

When it was featured on The Doctors , they called the miHealth device (more about this soon) "the health device that patients don't want to live without".

You'll find out more in the next pages, but first I want to tell you why I'm so passionate about this new healthcare discovery...and how it can heal you and even supercharge your health.

I know, because it revolutionized my health. It helped me transition from a "sickly sludge" to regain and even surpass my previous state of relative good health.

Here is my story. I hope it helps you create your own amazing story of healing with bio-energetic medicine, which is truly the medicine of the future!



“Sickly Sludge” to Supercharged :  
The Story of Harry Massey

# "Sickly Sludge" to Supercharged : The Story of Harry Massey

Hi, my name is Harry Massey.

I'm the inventor of the NES miHealth, CAM's "health device of the year", Executive Producer of the award winning health documentaries The Living Matrix and Choice Point -Align Your Purpose.

You'll be surprised to find out how my journey took me from "sickly sludge" to SuperCharged.

Several years ago, as a vigorous, healthy, athletic university student in England, I never thought about illness. Losing my health was just not on my radar—until it happened. While travelling abroad, I came down with a virus.

I descended into a nearly decade-long illness. It began with flu-like symptoms. Within two years I'd lost strength and suffered from a host of problems including acute allergies, multiple digestion issues, impaired memory, reduced muscle strength, severe pain, and debilitating fatigue.

Everything I loved to do — rock climbing, paragliding, running, studying —eventually became impossible. I could barely function well enough to conduct my daily activities.

I was getting sicker by the month, and I was finally diagnosed with Chronic Fatigue Syndrome (CFS). The symptoms were devastating. Crushing fatigue would hit me like a storm, leaving a black cloud over my head. My health deteriorated steadily until I was bedridden for seven long years.

Western medicine didn't offer much help, so I educated myself on just about every type of alternative medicine. I drank gallons of raw juice, honed in on homeopathy, had vitamins and minerals injected into my veins, and became a human pin cushion with acupuncture needles poking into every part of my body.

Some approaches helped a little, but only for a short time. I couldn't find a lasting path back to health. Fortunately along the way, I met Peter Fraser, a visionary scientist. He had conducted thousands of experiments on how energy is directed and controlled in the cells, tissues, fluids and organs of the body. His remedies encoded information into water, to activate the body's own healing capacities.

I used these water-based remedies, which we now call Infoceuticals for about two years. My health improved dramatically and I returned to a healthy state of well-being.

In fact, as I emerged from my "sickly sludge" state, I surpassed my earlier days of good health, and experimented with optimizing my body.

As an avid rock climber, I wanted to see if I could pass my plateau. By receiving intensely directed, quality information for a sustained period of time, my climbing grade jumped dramatically!

This kind of information is what Infoceuticals are all about. I worked with Peter Fraser to develop a range of energy-based "information remedies" to help people recover their health.

Bio-energetic medicine restored my health. This led to my mission in life: to create the healthcare of the future, that you can now use to supercharge your life.



Harry Massey, CEO



## Your Body's Amazing Healing Powers

Did you ever think about how your body instinctively knows what to do? If you cut your finger, bruise your knee, or catch a cold, your amazing body knows how to heal itself.

It is beautifully equipped with natural self-repair mechanisms. It knows how to kill faulty cells, fix broken proteins, slow aging, eliminate toxins, fight infections, get rid of foreign bodies, and otherwise keep you healthy.

The great mystery of conventional biology is how we are "self-organizing" systems.

Your body doesn't just choose functions at random. It seems to "know" what to do, and many scientists are now saying the body has its own kind of inherent intelligence. It seems to have an "information code" that tells it how to grow and repair.

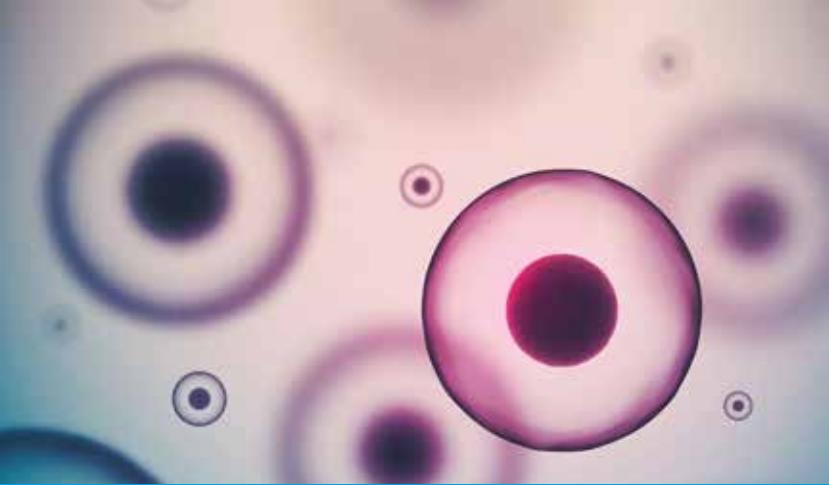
## What Do The Mystics Know?

When people heal from a disease without modern interventions, bio-chemical medicine has no framework to explain these events. They often dismiss them as spontaneous remissions... or the result of some kind of placebo effect.

But is it a miraculous cure or can science explain how the body heals?

Mystics and healers claim we are "energy beings" surrounded by a complex, structured network of fields that interpenetrate the human physical body.

At NES Health we call this the Human Body-Field (HBF), and we believe it is the master control system for all your physiological functions.



## Information as the New Medicine

The idea of information as medicine may seem radically different.

How can something as intangible as "information" have any effect on your body, never mind on the state of your health?

It may sound unbelievable, or at least unfamiliar to you, but let's explore how it works.

A perfect example of this is the marvel of life itself. We all start from a single cell that divides over and over again, forming tissues and organs, ultimately creating a functioning human-being.

### How miraculous is that? And how exactly does nature know what to do?

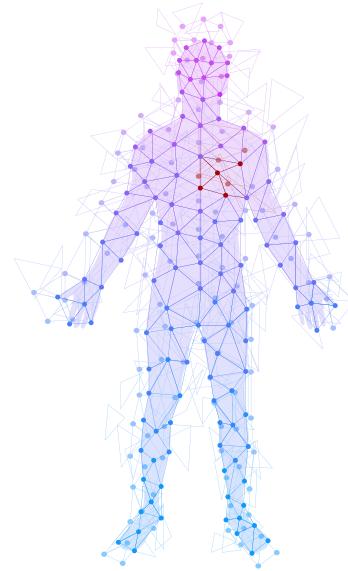
The answer is "information." Information describes the way our systems are organized, but information also directs the development of that system to create "life".

## Information + Energy = Life

Ultimately, information and energy are the building blocks of life, and everything we do to our body, including all therapies, directly affect our energy patterns.

The basic premise for healing is that if cells and other aspects of the physical body are missing the proper information, they can't do their jobs correctly. Without the correct information, body processes break down, resulting in the symptoms of disease.

We are all susceptible to information becoming distorted because we are exposed to environmental toxins and pathogens, too much stress, poor diets, electromagnetic fields, and much more.



## The Research Into Correcting Distortions

For more than thirty years Professor Peter Fraser of Melbourne University, NES's co-founder, had been exploring how to detect and correct distorted information in the body-field. No one had explored health from this perspective before. Professor Fraser was the pioneer.

Professor Fraser conducted tens of thousands of experiments and collected data sets that correlate the body-field to the various aspects of the body. These included everything from cells and tissues, to organs, body fluids such as blood and plasma, and even to emotions.

Most importantly, he studied how the body directs and controls energy in the different parts of the body. He devised a way to correct distortions so the body could get back to functioning as nature intended it to, which is to maintain a vibrant state of health and well-being.

Peter Fraser developed remedies based on the principle that information can change the structure of a substance, giving it healing properties when that information is transferred to you.

We call these remedies Infoceuticals™. They are pure information encoded in structured mineral water. The information in Infoceuticals corrects distortions in the body-field, ultimately directing the body's own self-healing capacities.

The next section explains the science of water and how it stores information. You'll discover how these remedies activate the body's innate healing intelligence, making them the remedies of the future.

# Water: The Science of Miracles

## What do you need to survive: Water? Air? Food? Facebook?

If you included 'water' in your answer, you're right. Water is crucial to life. In fact, your body is more water than anything else!

Did you know that your blood, bones and muscles are composed largely of water? A staggering 99 percent of the molecules in the human body are water molecules. That's because the proteins and fats in our bodies are made up of water molecules. In fact, every cell in your body is filled with water. You can truly say we are born as water babies.



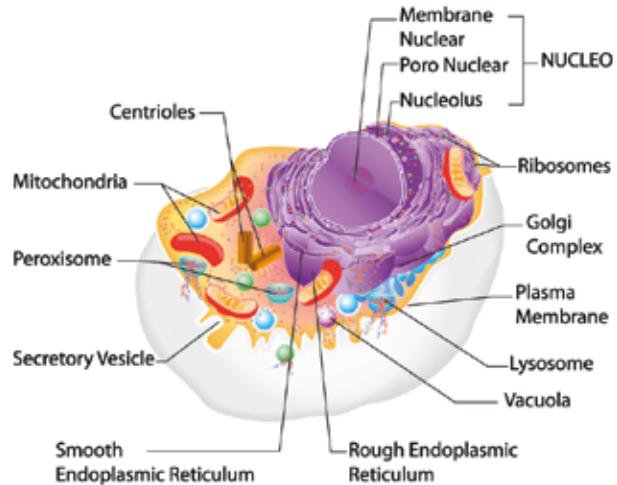
Your body is more 'water' than anything else. Water is fundamental to how our bodies function, and to our health and wellbeing.

## Wonderful water: It's not what's in your kitchen sink

Your body is made of trillions of cells. They contain dozens of smaller, functioning structures that coordinate thousands of processes in your body.

**Every cell in your body is the center of a whirlwind of activity co-ordinating thousands of processes in your body.**

The cells do everything necessary to keep you alive, from breaking down food to extract energy, to secreting hormones, removing wastes, and monitoring your salt and water levels.



Inside your cells are proteins and other structures, with spaces that are filled with water. This means there are lots of surfaces that interact with water and impact its structure. In fact, water is part of the very structure of your cells.

You probably learned in science class that water is  $H_2O$ ; however, the water in your cells is not ordinary tap water that runs into your kitchen sink. It has a unique crystalline structure. Instead of being  $H_2O$  it is  $H_3O_2$ .

The 'structure of water' means the way water's molecules are organized. Scientists have discovered some amazing things about water.

First, water molecules can join together into groups called clusters. Most surfaces and molecules in your body are  $H_3O_2$  and have a gel-like consistency. This type of water is found next to water-loving surfaces such as proteins and cell membranes, and has a special order of layers with different electrical charges from ordinary tap water.

This structured water works as memory cells in which water actually records information it is exposed to – just as a laser encodes information onto a Blu Ray disc.

# Water: One Of The Primary Ways We Get Information

In the last section, we discovered how everything comes down to energy and information. We are completely connected to the environment around us, where we obtain information we need to survive and thrive.

Water is one of the primary ways our bodies get this information.

In a series of fascinating experiments in the 1990s, Dr. Masaru Emoto gained worldwide acclaim with his groundbreaking discovery that water is deeply connected to the consciousness of its surroundings.

Dr. Emoto performed a series of experiments observing the physical effect of information on the crystalline structure of water.

He exposed water to different environments. Then, using a very powerful microscope with high-speed photography, he captured the 'expressions' of water to show how they were imprinted by focused intention.

The frozen water samples showed that positive information such as classical music, focused prayer or uplifting words and phrases caused beautiful geometric crystals to form. Whereas negative information such as samples from polluted rivers, focused rage or words such as 'hate' and 'fear' that created distorted and randomly formed crystalline structures.

Dr. Emoto's book *The Hidden Messages in Water* was published in Japan in 2005. With 500,000 copies sold internationally, it shows the keen interest in the amazing properties of water.

**Many respected scientists such as Mae Wan-Ho and Professor Gerald Pollack also suggest that water does indeed exhibit different properties, depending on what it has been in contact with, meaning that water has memory.**

Gerald Pollack is an academic researcher at the University of Washington. His latest book, *The Fourth Phase of Water*, provides a new understanding of water that holds the key to solving numerous puzzles in biology.



Image from 'The Fourth Phase of Water' by Dr Gerald H Pollack

## A little science...on your "water-based battery"

We can think of the biological building block of life, the cell, as a battery that must obtain energy to charge it. Water is part of the structure of each cell, and just like a battery, it needs to be charged.

We are always surrounded by infrared radiation from the sun, which we store as heat. We humans rely on sunlight as the energy source that "charges" the "water batteries" in our tissues.

Water that interacts with light and heat becomes "charge separated". This means that the water molecule changes structure as the positively charged hydrogen atoms are repelled, leaving a negatively charged hydrogen and oxygen group.

This separation of charge allows us to draw electrical energy from our "water-based battery".

***"It's like agitating a car key in the river, going miles downstream, extracting a few drops of water, and then starting one's car with the water"***

Dr. Jacques Benveniste



# THE LIVING MATRIX

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The Living Matrix is an interconnected system that reaches into every part and system of the body. It's made up of the structural collagen network. Collagen is the most abundant protein in the body. It helps strengthen connective tissue and provides cushioning for various parts of the body.

The matrix is truly living, in that it provides our bodies with a stable structure. It is also the container for our internal ocean, the fluids where many crucial biochemical and metabolic reactions take place.

No water, no life.

The matrix is the sponge that holds water in our bodies. It bathes our cells with nutrients, helps us eliminate toxins, and transmits memory and information to all the cells and tissues.

That's why the living matrix needs to be well hydrated. This network acts like a liquid superconducting cable that operates at the speed of light, touching every part of our cells almost instantaneously.

Energy and information in the Living Matrix affect every cell and every aspect of our body-field, including the nervous system, the immune system, the endocrine system (including hormones and neurotransmitters), right down to how our DNA is expressed (epigenetics).



## Infoceuticals: Revolutionary Remedies Of The Future

As we've been discussing, water is a bit like a computer's hard drive that can store audio and visual information and then play it back.

The information your body receives is vitally important, because it influences which proteins your body manufactures to repair or create new tissue. The better the information you give your body, the better your health.

Infoceuticals contain pure information that actually change the environment of your cells, directly correcting specific information structures and energy patterns in your body.

In this way, instead of just relieving symptoms, they activate your body's own healing mechanism, supporting and encouraging a more balanced, healthy life.

***"Within two weeks of taking Infoceuticals, I wasn't tired all the time and I keep on seeing improvements every time I see my practitioner."***  
Katie Schmidt, suffered from Chronic Fatigue Syndrome

### Your Personal Energetic First-Aid Kit

We create our Infoceuticals by starting with the purest multi-staged filtered water. Potassium, magnesium and Himalayan crystal salt are added to make a saline solution that is ideal for our proprietary structuring and imprinting process.

This specialized liquid contains the information designed to enhance cellular energy.

You take Infoceuticals as drops in a glass of water. Drop by drop, these ground-breaking remedies help return your body's energy flow to its perfect, natural state, where its own innate healing intelligence can do what it is designed to do.

Infoceuticals are safe, natural, effective, non-invasive and easy to use. Think of them as your energetic first-aid kit.

***"NES is very accurate. With the Infoceuticals, I could feel a shift immediately. I'm a lot happier and it's a lot more fun living my life this way."*** -  
John Fuhler, suffered from insomnia

# Magnify Your Health with PMF

## (Pulsed Magnetic Feedback)

If you've ever watched Star Trek, you know it takes place in a fictional universe two or three centuries into the future.

On the Starship Enterprise, medical technology is far more sophisticated and advanced than in today's world. You may recall a multifunctional hand-held device called a medical Tricorder. Well, it didn't take two or three centuries for this technological dream to come true - at least in this galaxy.

NES technology caught up in just 12 years. And it's not fiction.

### SCIENCE FICTION



Star Trek's TriCorder\* - the multifunction hand-held device used for sensor scanning, data analysis, and recording data.

### SCIENCE FACT

NES Health's hand-held PMF device helps detect and correct energy blockages in the human body-field.



# Healing IS Voltage

Do you ever use the expression, "recharging your batteries" to talk about getting more rest? You instinctively know that you'll be healthier when you give your body the rest it needs to heal itself.

But in addition to the essential elements you already know about, including food, water, sunlight, oxygen, sleep and exercise, there is one element you may not have considered: the earth's PEMFs. (Pulsed Electro Magnetic Fields).

You see, at an energetic level, our cells act as battery-driven miniature pumps. They require food for fuel, oxygen for combustion, and magnetism to drive the process.

Healing is simply a matter of charging up your cells to their optimal voltage so they can do their work. Enough magnetic energy is normally provided by the earth's energy fields. However in our modern indoor lifestyles, we have become disconnected from the earth. Our "human battery" can run us down, and we need to recharge it.

Healing is simply a matter of charging up the depleted cells to their optimal voltage so they can do their work.

The miHealth device detects the areas in the body with cells depleted of energy. It literally "jump-starts" the healing process by providing enough magnetic energy at the cellular level to the places your body needs it.



# Ever Wonder Why There's No Heart Cancer?

The reason there is no heart cancer is that the heart cells have the highest voltage of any cells in the body.

As amazing as it may sound, the energy field of your body extends outwards for up to 15 feet.

Non-invasive magnetic pulses create small electrical signals in the tissue to enhance cellular repair. Clinical trials and other controlled studies have been conducted by physiotherapists, rheumatologists, neurologists, pain specialists, and others, showing the effectiveness of magnetic pulses, especially in healing soft-tissue injury, reducing inflammation at the cell level, encouraging bone growth, and alleviating pain.

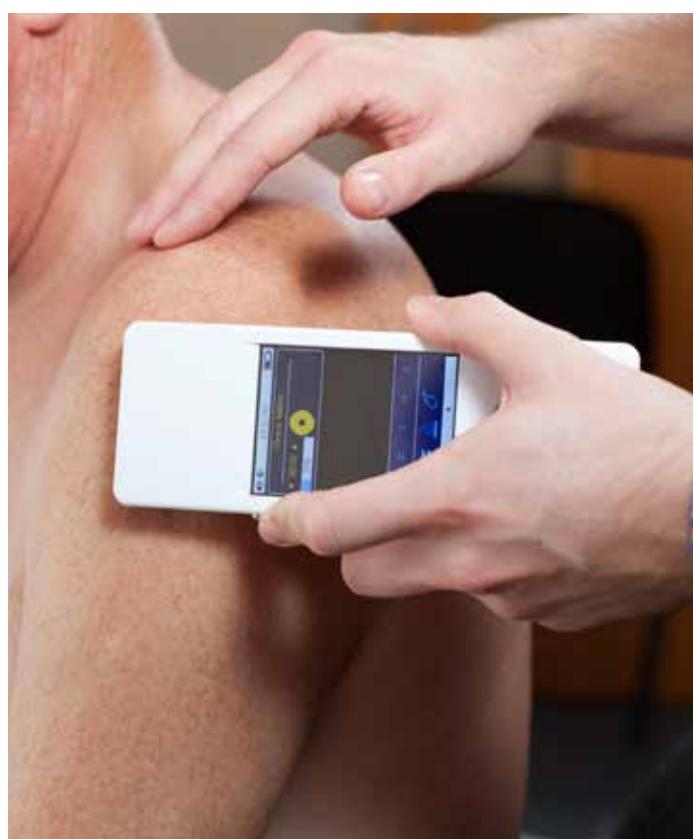
Your health relies on the continuous and balanced exchange of energy in your body. Every function of your body is interrelated and works in harmony with other functions - that is, until stress, injury or disease disrupts that communication.

Luckily, the body is a magnificent mechanism. When it has enough voltage and functions optimally, it has the innate intelligence to trigger its own powerful and often immediate, improvement.

Some batteries you toss away but the batteries in your body are forever. Fortunately the miHealth can identify where to recharge the batteries in your body. The miHealth is the world's first device that helps you feed your cells magnetic energy. We call this Pulsed Magnetic Feedback (PMF).

The miHealth biofeedback device works by sending an extremely low, noninvasive current on the surface of the skin to different parts of the body. Then, audibly, visually and magnetically it lets the body know how it's responding physiologically.

By putting energy back into the specific area at issue, the miHealth can then raise the electrical potential of those cells, restoring them over time to their normal, optimal functioning. This also stimulates the nervous system, sending a signal to the brain to direct resources to that particular part of the body as part of the natural healing response.





## From Oz to NASA, The World's Top Scientists Agree: Pulsed Magnetism is the Real Thing!

Pulsed Magnetism is so effective that it was recently featured on the Dr. Oz Show. Dr. Oz urged all his viewers to demand this therapy from their doctors, who for the most part still don't know about it.

And, let's face it, when it comes to research studies, it doesn't get much better than NASA. They discovered that the benefits include improved tissue, (specifically nerve cells), greater cell energy and longevity, accelerated cell growth, improved cellular voltage, cell restoration and growth, and much more.

## Feedback on our Feedback

We recently conducted a large miHealth study on 251 subjects. Results showed that 88% of the participants benefitted from the NES miHealth at the initial consultation.

The second and third therapy sessions compounded the positive effect of increased wellness.

More than 60% experienced reduced symptoms, and after the second therapy session, 93% reported a significant improvement in their condition. 85% of people with chronic conditions reported an immediate positive effect from the therapy.



"The device you can't live without!"  
THE DOCTORS SHOW



Awarded "Best Alternative Product"  
CAM Magazine

Pulsed Magnetic Feedback is known to help reduce stress and re-educate parts of your body and mind to create healthier patterns which can lead to a better quality of life.

The goal is to get your cellular and body's energy flow back to operating with maximum efficiency. Because the body can easily get trained into "patterns" where the energy becomes sluggish or stuck, rejuvenating your body's energy flow is critical to releasing stuck patterns to allow your body's innate intelligence to take over.

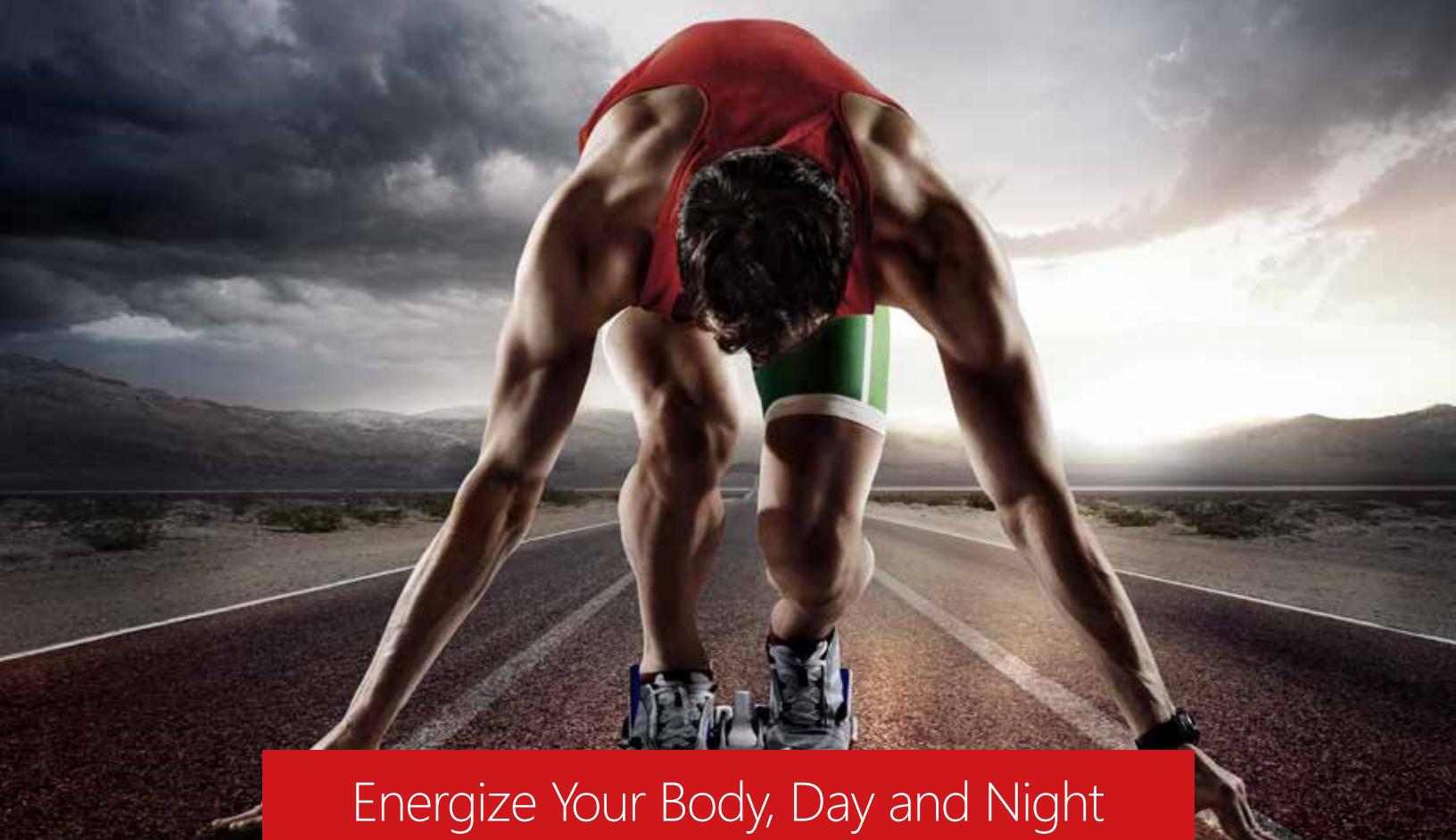
***"PEMF is a benefit for mankind from infant to the geriatric. PEMF will lead to a change in the paradigm of medicine."*** ~

Dr. Linus Pauling, Nobel Prize Winner

### Tap into the benefits of Magnetic Feedback:

- Regenerate and rejuvenate
- Support the body's inherent healing abilities
- Reduce stress and improve mood
- Improve sleep
- Gain energy and vitality

...and more!



## Energize Your Body, Day and Night

Basically, life is energy flow. This comes down to the movement of electrons in your body.

Think of all the processes that require energy from your body, from growing, to metabolizing food, to repairing damage to tissues.

Did you know that only 50 percent of our energy comes from food?

We constantly read about which foods to eat for energy, and about getting enough sleep which is equally important to having abundant energy.

We've recently discussed another crucial element to giving you energy: the earth's magnetism, and how we need to "recharge" our bodies' batteries.

Now, we're about to reveal one more element that has a huge effect on your energy levels and your health: light!

We don't exist in a vacuum. We live on planet earth, and many of our body's cycles are highly influenced by circadian rhythms.





## Your Body Clock is Ticking!

Think about how energized you feel on bright sunny days, and how you instinctively feel like hibernating on cold, dark winter nights. Our bodies naturally attune to the rhythms of daily and seasonal changes in light and temperate.

Circadian rhythms, often referred to as the "body clock," exert a powerful force on our health and well-being. These changes of light and temperature affect everything in our lives.

Daily sunlight, temperature, and seasonal changes are associated with electromagnetic activity in your cells, which influences how much energy you have, how your body repairs damage and fights off invading organisms, and even to how you burn fat.

Sunlight that varies during the day and over the seasons helps your cells sense the time of the day and the season you are in, so your body knows what to do.

Circadian rhythms may be part of the missing clues. Many adverse health effects are related to disrupted circadian rhythms, from increased chances of cardiovascular events, to obesity, to neurological problems such as depression.

In the daytime, sunlight produces high electromagnetic activity in our cells, which we feel as warmth and energy. At night we have reduced electromagnetic activity. Our temperature is lower, and this strengthens our magnetic field, allowing our bodies to repair proteins and burn fat.



## HOW TO SUPERCHARGE YOUR ENERGY

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What if you could supercharge your energy and your body's innate healing systems?

By now, you've read about how we are "energy beings" with self-organizing systems that tell our bodies how to grow and heal. Information and energy are the master control systems that give our cells information to do their jobs properly.

Water is one of the primary ways our bodies get this vital information. It is the perfect vehicle to transport information to our cells, to trigger the body's own innate healing response.

Now, you're about to experience a new way to enhance energy, reduce stress and rejuvenate.



## 4 New Infoceuticals designed to give you abundant energy

Supercharged Day and Night, Emotional Stress Relief, and Rejuvenation have been designed to increase cellular energy through optimizing how the cell uses light, magnetism and water at different times of the day. Supercharged Day and Night work in harmony with your body's circadian rhythms.

Supercharged Day helps the water in your cells use energy from light to provide you with more power during the day.

Supercharged Night helps your body repair while you sleep, as your cells recharge, using the earth's magnetism.

Emotional Stress Relief (ESR) provides the link between supercharging your day, and recharging at night. Our bodies don't repair well when we are under stress.

ESR aids the way your brain processes thoughts and emotions, and assists in clearing information that results from sensory or mental overload.

Rejuvenation helps you repair and rejuvenate from sports, strenuous activity, physical injury, impact or shock. It aids in tissue regeneration, muscle recovery, and muscle tone. It may ease muscle strains, swelling, and trauma, and you can also apply it topically to injured areas.

### Experience the benefits of Supercharged Day:

- Turns on body's cellular energy system
- Increases charisma, concentration, confidence and courage
- Optimizes water, sunlight and DHA usage
- Enhances the Sympathetic Nervous System
- Increases energy
- Decreases inflammation and pain

### Experience the benefits of Supercharged Night:

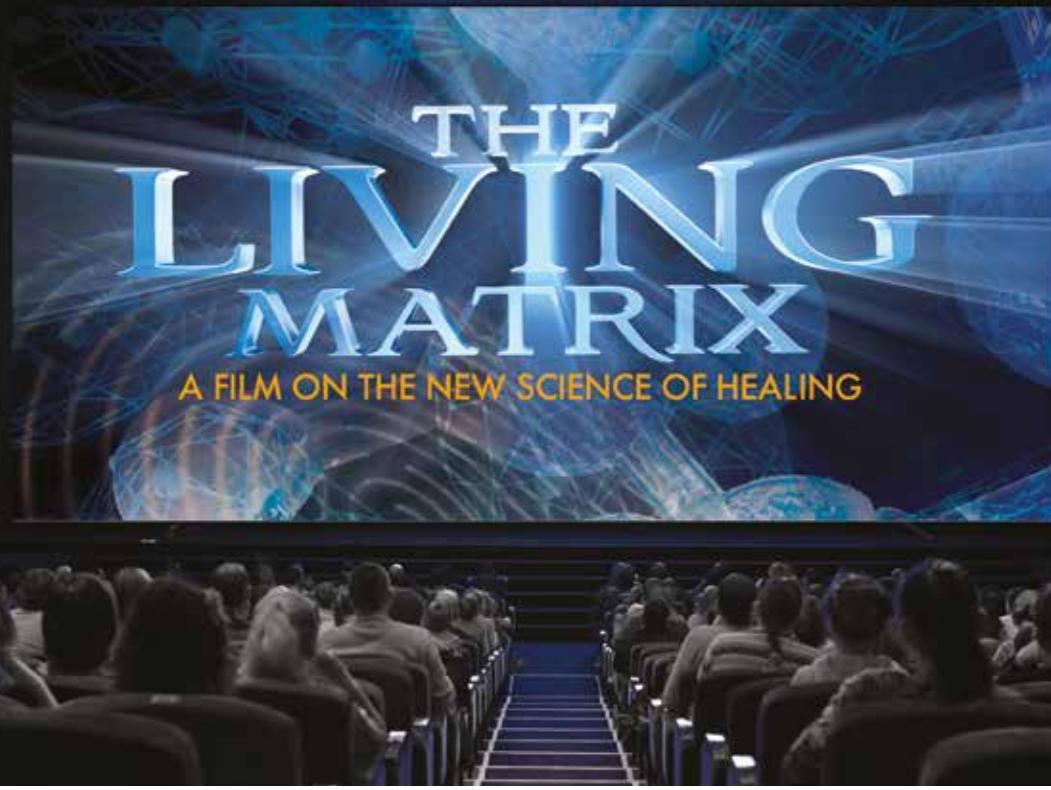
- Supports the repair mechanism of proteins and tissues
- Recharges cellular energy
- Optimizes the use of the earth's magnetism
- Enhances sleep
- Enhances melatonin and DHEA release
- Enhances night-time fat burning

### Experience the benefits of ESR:

- Promotes calming to manage emotions
- Enhances sleep by reducing excessive thoughts
- Helps reduce sensory data overload
- Supports positive emotions that aid in recovering from illness

### Experience the benefits of Rejuvenation:

- Helps repair and rejuvenate the body
- Aids in tissue regeneration
- Supports muscle recovery
- Helps muscle tone.
- May ease muscle strains, swelling, and trauma



## FREE LIVING MATRIX MOVIE - \$15 VALUE

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Are you open to a new way of looking at healing?

Please check out the award-winning documentary I produced, The Living Matrix. It's an inspiring first step to learning about bio-energetics!

You'll hear riveting interviews with Lynne McTaggart, author of The Field and Bruce Lipton, who wrote The Biology of Belief one of the first popular books about the new science of epigenetics, as well as James L. Oschman, Eric Pearl, Rollin McCraty, and more.

The Living Matrix: The New Science of Healing, uncovers new ideas about the intricate web of factors that determine our health.

We talk with a group of dedicated scientists, psychologists, bio-energetic researchers and holistic practitioners who are finding healing potential in a wide variety of new places.

In the film, researchers and others who faced health challenges put the science in perspective when they tell their stories. You'll witness the family of a young Greek boy with cerebral palsy, who tries to improve his quality of life through Reconnective Healing... An American woman, diagnosed with an inoperable brain tumor, who immerses herself in neuro-linguistic programming... and an American woman, who runs out of options to treat her chronic fatigue syndrome. As a last resort she begins using an information-based therapy.

All three people make remarkable recoveries.

Find out more...watch the film now and bring the most expansive minds in alternative medicine to your screen.



[Click Here To Watch The Living Matrix Now](#)

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## The Future of Healthcare is Here!

### Experience miHealth: "The health device you won't want to live without!"

If your batteries are running low....now there's a solution: the world's first PULSED MAGNETIC FEEDBACK (PMF) TECHNOLOGY

miHealth is non-invasive biofeedback therapy that is known to help reduce stress and re-educate parts of the body and mind to healthier patterns. As stress is released, energy can flow properly. This triggers the body's own innate healing intelligence, which can lead to a better quality of life.



miHealth was featured on **The Doctors**. They called it "The health device that patients don't want to live without."

Dr. Oz urged all his viewers to demand this therapy from their doctors, who for the most part still don't know about it.

Leading edge health practitioners use it in their clinics:

*"I have incredible devices in my clinic, but I am especially excited about the miHealth. It's amazing."* -

Dr. Filomena Tindade

People just like you experience the benefits every day:

*"I'm normally a highly strung person but NES Health helps me to get into balance a lot more quickly. I'm not so stressed anymore. I feel comfortable now and I am a much calmer person than I used to be."*

Ann Lohrmann, suffered from high levels of stress



Reduce stress and start healing with a miHealth.

[Click this link to get started:](#)

[MiHealth: The Future of Healthcare](#)

